



BIERHOTEL  
**LONCIUM**

# SKITOUREN CAMP

## KARNISCHE ALPEN/SÜDALPEN

### Kötschach-Mauthen / Gailtal

<b>Kursleiter:</b>	<b>Alpincenter</b> , 9640 Kötschach-Mauthen 87 Stefan <b>OBERNOSTERER</b> - E-Mail: <a href="mailto:stefan.obernosterer@alpincenter.cc">stefan.obernosterer@alpincenter.cc</a>
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Skitourenkurs für Anfänger und Fortgeschrittene in den Karnischen (Südalpen) Alpen in Kötschach Mauthen/Kärntne. Durch den Kurs werden den TeilnehmerInnen die beim Skitourengehen enorm wichtigen Sicherheitsaspekte vermittelt. Ziel ist es, dass die TeilnehmerInnen in der Folge selbstständig Skitouren planen können und potentielle Gefahren richtig einschätzen.

#### **Kursinhalte:**

- ✓ **Schnee- und Lawinenkunde** (Schneeprofile, Schneedeckenuntersuchung, Beurteilung der Schneesituation)
- ✓ **Kartenkunde und Orientierung** (richtige Verwendung von GPS, Karten, Bussole, Höhenmesser)
- ✓ **Routenwahl** (Spurwahl, Aufstieg und Abfahrt)
- ✓ **Sicherheit** (richtige Gefahreinschätzung, Unfallkunde, Verhalten bei Lawinenabgang, Umgang mit LVS-Gerät, Sonde und Schaufel, Erste Hilfe,...)

Diese Kursinhalte werden bei den Touren im Gelände erarbeitet und erlernt. Ergänzt werden die praktischen Inhalte durch Theorieeinheiten und Gruppenarbeiten. Es werden Gruppen mit max. 8 Personen gebildet, je nach Leistungsniveau.

**Voraussetzung:** **SICHERER PARALLELSCHWUNG auf der PISTE**

<b>Termine</b>	<b>5. bis 7. Jänner 2018</b> <b>4. bis 9. Februar 2018</b> <b>18. bis 23. Februar 2018</b>  Preis 5 Tage: 575 Preis 3 Tage: 255
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<b>Ausrüstung:</b>	<ul style="list-style-type: none"><li>• Tourenski mit Tourenbindung (inkl. Skistopper), Klebefellen und Harscheisen</li><li>• Skitourenschuhe, Stöcke, LVS-Gerät (inkl. Ersatzbatterien), Schaufel, Sonde</li><li>• Rucksack und Thermosflasche</li><li>• Skitourenhose, Jacke, Handschuhe, Tourensocken, Wechselwäsche</li><li>• Sonnenschutz, Erste-Hilfe-Paket</li></ul>
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<b>Leihusrüstung:</b>	Steht nach vorheriger Absprache zur Verfügung!
<b>Rahmenprogramm:</b>	<ul style="list-style-type: none"><li>• Gratis-Eintritt in die Aquarena in Kötschach-Mauthen (<a href="http://www.aquarena.info">www.aquarena.info</a>)</li><li>• Langlaufloipe, Eislaufplatz, Eiskletterturm, Naturrodelbahn</li><li>• Skigebiet Kötschach-Mauthen in unmittelbarer Nähe</li><li>• Skigebiet Nassfeld ca. 20 Minuten Fahrzeit und mittels Skibus erreichbar</li><li>• Bei Interesse: Bierverskostung und Führung durch die hauseigene Brauerei</li></ul>



# SKI TOURING COURSE

## (advanced course)

**Saturday, 04<sup>th</sup> Feb. - Friday, 10<sup>th</sup> Feb. 2017**

**Venue: CARNIC ALPS**

**Kötschach-Mauthen / Gailtal Valley**

<b>Course number:</b>	<b>712</b>
<b>Course instructor:</b>	Alpine Centre ( <i>Alpincenter Kötschach-Mauthen</i> ), A-9640 Kötschach-Mauthen 87 Stefan <b>OBERNOSTERER</b> , Email: <a href="mailto:stefan.obernosterer@alpincenter.cc">stefan.obernosterer@alpincenter.cc</a>
<b>Number of participants:</b>	<b>Limited to 16 participants. A state certified mountain guide</b> will be made available to every <b>team of 8</b> (at least 4 persons per group).

This ski-touring course in the Carnic Alps in southwest Carinthia (Gailtal Valley/Kötschach-Mauthen) is targeted at advanced ski-tourers. The course focuses on the extremely important safety aspects related to ski-touring. The objective is for participants to be able to plan ski tours and assess potential risks and dangers as a result of this course.

**Course content:**

- ✓ **Snow and avalanche awareness** (snow profiles, snowpack analysis and assessment, snow assessment)
- ✓ **Cartography and orientation** (correct use of GPS, maps, a compass, an altimeter)
- ✓ **Selecting a route** (selecting ascent and descent tracks)
- ✓ **Safety** (assessing dangers, accidentology, how to act in an avalanche, using avalanche transceivers, probes and shovels, first aid etc.)

These skills will be learned and developed on tours themselves. The practical side will be complemented by theoretical talks, lectures and group work. Participants will be grouped according to ability. Groups of no more than 8 participants per group.

**Requirements:**      **CONFIDENT PARALLEL TURNS on-piste**

<b>Eligibility:</b>	Styrian Universities, Universities of Applied Sciences and Universities of Teacher Education students, graduates and staff: <b>confirmation must be shown on enrolment.</b>
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<b>Course rates and fees:</b>	<b>Rate and Fee A: € 120</b> Students born in the year 1987 or after (as from 1.1.2017, the year 1988 applies) <b>Rate and Fee B: € 180</b> Students born in the year 1986 or before (as from 1.1.2017, the year 1987 applies) <b>Rate and Fee B: € 180</b> Staff <b>Rate and Fee C: € 240</b> Graduates <p style="text-align: center;"><b>Please observe our General Terms and Conditions: <a href="http://www.usigraz.at">www.usigraz.at</a></b></p>
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	We recommend that you take out additional private travel cancellation insurance cover.
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<b>Enrolment:</b>	as from Thursday 6 <sup>th</sup> October 2016, 10am, online via MY USI DATA (50% of the course places) as from Thursday 13 <sup>th</sup> October 2016, 8am, in the USI office (50% of the course places)
<b>Enrolment deadline:</b>	<b>Wednesday, 04<sup>th</sup> January 2017</b>

<b>Arrival:</b>	<b>Saturday, 04<sup>th</sup> February 2017</b> between 4pm and 6pm
<b>Departure:</b>	<b>Friday, 10<sup>th</sup> February 2017</b> after the ski tour

<b>By car:</b>	Graz – Klagenfurt – Villach – Kötschach-Mauthen <b>Car pools</b> are encouraged. Car owners will be asked to inform the USI if they have spare seats and would be able to offer someone a ride ( <a href="mailto:usigraz@uni-graz.at">usigraz@uni-graz.at</a> ).
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<b>Accommodation:</b>	<p>“<b>Bierhotel Loncium</b>” in Mauthen: <a href="http://www.gasthofedelweiss.at">www.gasthofedelweiss.at</a></p> <p>➤ EURO 48 per person and day: breakfast and evening meal. Packed lunch.</p> <p>→ <b>Total costs</b> for accommodation: <b>EURO 288</b></p> <p><b>Please observe the current cancellation terms.</b></p>
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The **rooms** have been **reserved** for course participants and should be booked at: [www.gasthofedelweiss.at](http://www.gasthofedelweiss.at) within one week of payment of the USI course fee.

**A deposit of 50% of the accommodation costs (EURO 144)** is to be transferred in advance (when booking accommodation at the latest) to the following bank account:

**Account holder:** Alois PLANNER – Gasthof Edelweiss  
**Bank:** Volksbank Gailtal  
**IBAN:** AT04 44400 30065250001  
**BIC:** VOKMAT21

The **balance** is to be paid directly to the hotel **at the end of the course**. Should you fail to make a booking, **the reservation will be forfeited**.

<b>Equipment:</b>	<ul style="list-style-type: none"> <li>• touring skis with bindings (incl. ski stoppers), adhesive climbing skins and crampons</li> <li>• ski touring boots, ski poles, avalanche transceiver (incl. spare batteries), shovel, probe</li> <li>• rucksack and flask</li> <li>• ski touring pants, jacket, gloves, ski touring socks, a change of clothes</li> <li>• sunscreen, first aid kit</li> </ul>
<b>Rental equipment:</b>	Rental equipment is available according to prior arrangement



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**Optional extras:**

- Free admission to the Aquarena in Kötschach-Mauthen ([www.aquarena.info](http://www.aquarena.info))
- Cross-country ski trails, ice-skating rink, ice-climbing tower, natural toboggan run
- Kötschach-Mauthen ski resort nearby
- Nassfeld ski resort is about 20 minutes' drive away and is also accessible by ski transfer busses
- Beer tasting and a guided tour of the hotel's own brewery on request